

## **Strength Belt Points Girls**

White	0-24
light yellow	25-49
light blue	50-74
light pink	75-99
Lavender	100-149
Red	150-199
Zebra	200+

## **Strength Wristband points Boys**

White	0-24
Yellow	25-49
Blue	50-74
Green	75-99
Red	100-149
Silver	150-199
Black	200+

## **Bonus Belts or Wristbands**

Rainbow belt or multicolor wristband - 20sec handstand hold

Cheetah belt or camo wristband - completing and handing in all weeks of homework assignments

Skull belt or multicolor wristband - making 1 clear sit press to handstand